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Best Personal Trainer Certification

An objective analysis of 9 major certification bodies

Aspiring personal trainers have several options when it comes to the selection of a major certification body. While a variety of certification options exist, only a few are recognized by the American College of Sports Medicine (ACSM), the American Society of Health and Fitness (ASHF), and the National Commission on Fitness and Sport Management (NCFMS). The following is a list of the top 9 major certification bodies in the USA, ranked according to their recognition by these three organizations. The following is a list of the top 9 major certification bodies in the USA, ranked according to their recognition by these three organizations. The following is a list of the top 9 major certification bodies in the USA, ranked according to their recognition by these three organizations.



NCAA Accreditation

Certification Body	NCAA Accredited?
ACE	Yes
ACSM	Yes
ASHF	Yes
ASFA	Yes
ASFA	Yes
ASFA	Yes
ASFA	Yes
ASFA	Yes
ASFA	Yes

Price



Pass Rate



Test Questions



CEU Requirements



Popularity of Certification



Average Income by Trainer



Retake Fee



Source: American College of Sports Medicine (ACSM), American Society of Health and Fitness (ASHF), National Commission on Fitness and Sport Management (NCFMS), ACE, ASFA, and other industry sources. Data is for informational purposes only and is not intended to be used as a basis for investment or other financial decisions. © 2014 FitnessMentors.com



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